

Class Meetings

Developing Mutual Respect, Cooperation, and Responsibility in the classroom.

Why class meetings?

- Create an atmosphere where students know they count, where accountability is positive, where teachers and students understand the motivation behind the behavior, and where students are included in the problem solving to ensure everyone can enjoy being at school.
- Emphasizes competency, community, and self-worth.
- Empower students with courage, confidence, and important life-skills to face ups and downs.
- Students have a positive attitude towards joys, fears, and problems of each day.

What do class meetings teach children?

Perceptions of Empowerment:

1. "I am capable."
2. "I contribute in meaningful ways, and I am genuinely needed."
3. "I use my personal power to make choices that influence what happens to me and my community."

Skills:

1. Intrapersonal Skills—the ability to understand personal emotions, to use that understanding to develop self-discipline and self-control, and to learn from experiences.
2. Interpersonal Skills—the ability to work with others through listening, communicating, cooperating, negotiating, sharing and empathizing.
3. Systemic Skills—the ability to respond to the limits and consequences of everyday life with responsibility, adaptability, flexibility, and integrity.
4. Judgment Skills—the ability to develop wisdom and evaluate situations according to the appropriate values.